

**National Doctors' Day**

**Date of Event:** 01/07/2021

**Faculty In-charge**

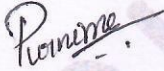
Mr. Fredy Varghese, Ms. Emil George,

Ms. Purnima.S.Kumar Ms. Simitha K.S

**Report of National Doctors' Day**

As part of the National Doctors' Day on 01.07.2021, the NSS and women cell of Naipunnya Institute of Management and Information Technology (NIMIT), Pongam, celebrated the day by distributing sweets to all the doctors and staff at Apollo Hospital, Karukutty and LF Hospital, Angamaly at 10:00 AM . Some of the doctors were selected from various departments and was appreciated for their service rendered during the pandemic. A token of gratitude was shown to the doctors with a memento, an acknowledgement certificate. At 3.00 pm a webinar was conducted which covered the topics: "Healthy food Habits" and "Challenges encountered During the Pandemic". The session started with a welcome note by Ms. Thesna Mariya Shaiju (NSS Volunteer) which was followed by a message delivered by Rev. Fr. Dr. Paulachan KJ on the services provided by the Doctors to the society. The resource persons of the day was Dr. Joesph Thomas (Medical Officer, Govt.Ayurveda Dispensary, Paipra) and Dr. Laya Parameswar (Asst. Insurance Medical Officer, ESI (C.D), Hospital Mulamkunnathakavu). It was an interactive session that stressed on the importance of cultivating healthy food habits in the present times and also laid out the challenges posed by the Covid 19 pandemic. The session has around 82 participants and it concluded by 5:00 PM with the vote of thanks by Ms. Zeba Haneen (Women Cell Representative). After the programme, photos and brochures were circulated through the social media platform to share with people the importance of the day.

Prepared by,



Event in charge

Mr. Fredy Varghese & Ms.Emil George  
(NSS Coordinators)

Ms. Purnima S Kumar & Ms.Simitha K.S  
(Women cell Coordinators)

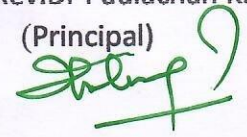
Verified by,

Ms. Bini Rani Jose  
(NAAC Coordinator)



Approved By,

Rev.Dr Paulachan K.J  
(Principal)



**NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION  
TECHNOLOGY (NIMIT)  
PONGAM, KORATTY**

**NATIONAL SERVICE SCHEME IN ASSOCIATION WITH WOMEN CELL**

**1 JULY 2021 - NATIONAL DOCTORS' DAY**

**Platform: Cisco WebEx**

**Time: 3: 00 PM**

**PROGRAMME SCHEDULE**

- Prayer Song** : **Ms. Juliya V. S.**  
(NSS Volunteer)
- Welcome Address** : **Ms. Thesna Mariya Shaiju**  
(NSS Volunteer)
- Presidential Address** : **Rev. Dr. Paulachan K. J.**  
(Principal & Executive Director)
- Documentary** : **Womens Cell Team**
- Topic Presentations** : **Dr. Joseph Thomas**  
(Medical Officer, Govt. Ayurveda  
Dispensary, Paipra)  
**Dr. Laya Parameswar**  
(Asst. Insurance Medical Officer, ESI (C.D)  
Hospital, Mulamkunnathukavu)
- Vote of Thanks** : **Ms. Zeba Haneen**  
(Women Cell Representative)

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# Naipunya Institute of Management and Information Technology Brochure



## NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY (NIMIT)

(Affiliated to the University of Calicut, Accredited by NAAC with B++, ISO 9001-2015 Certified)

Pongam, Koratty East, Thrissur District, Kerala State, India, Pincode - 680 308

**National Service Scheme** in association with **Women Cell** organises



## National Doctors' Day *Celebrations*

**Date : Thursday , 01 July 2021**

**Time : 3.00 pm**

**Mode : Online (Webex)**

### Happy Doctors' Day

### Webinar on

#### HEALTHY FOOD HABITS

Resource Person:



**Dr. JOSEPH THOMAS**

(BAMS, MD, M.Sc. [Clinical Nutrition and Dietetics])  
Medical Officer  
Government Ayurveda Dispensary, Paipra

#### CHALLENGES ENCOUNTERED DURING THE PANDEMIC

Resource Person:

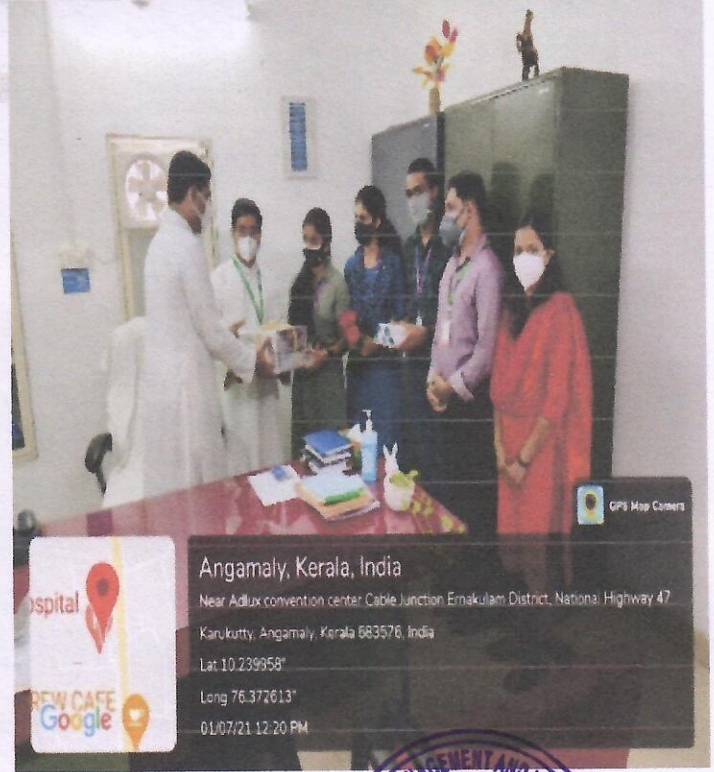
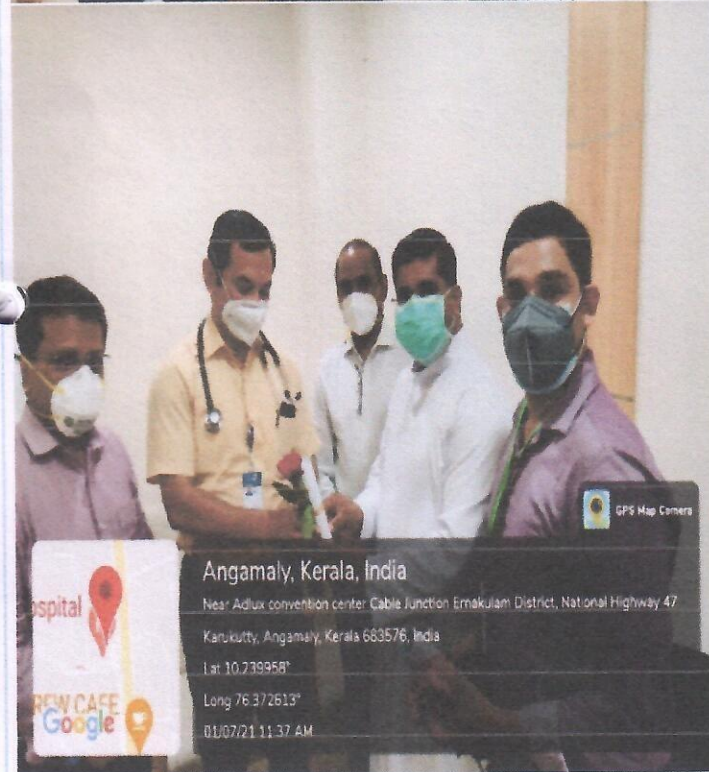


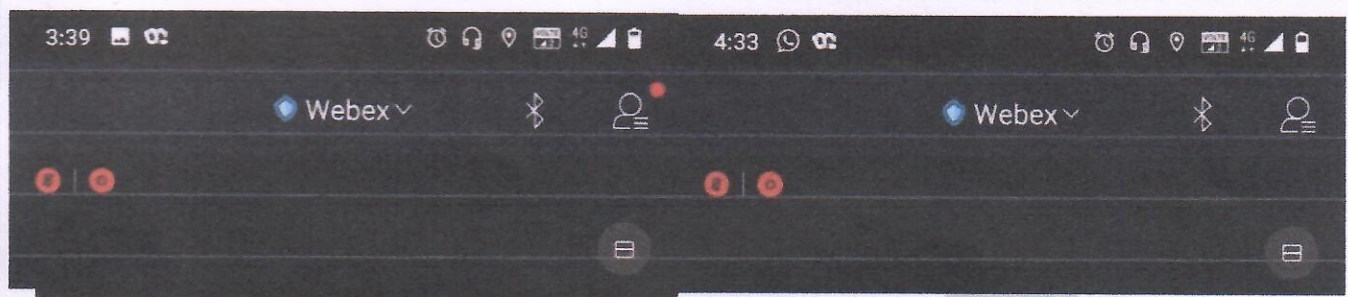
**Dr. LAYA PARAMESWAR**

(MBBS, MD Physiology)  
Assistant Insurance Medical Officer  
ESI (C.D) Hospital, Mulamkunnathukavu,  
Thrissur



## Naipunya Institute of Management and Information Technology Photos/ Screenshots



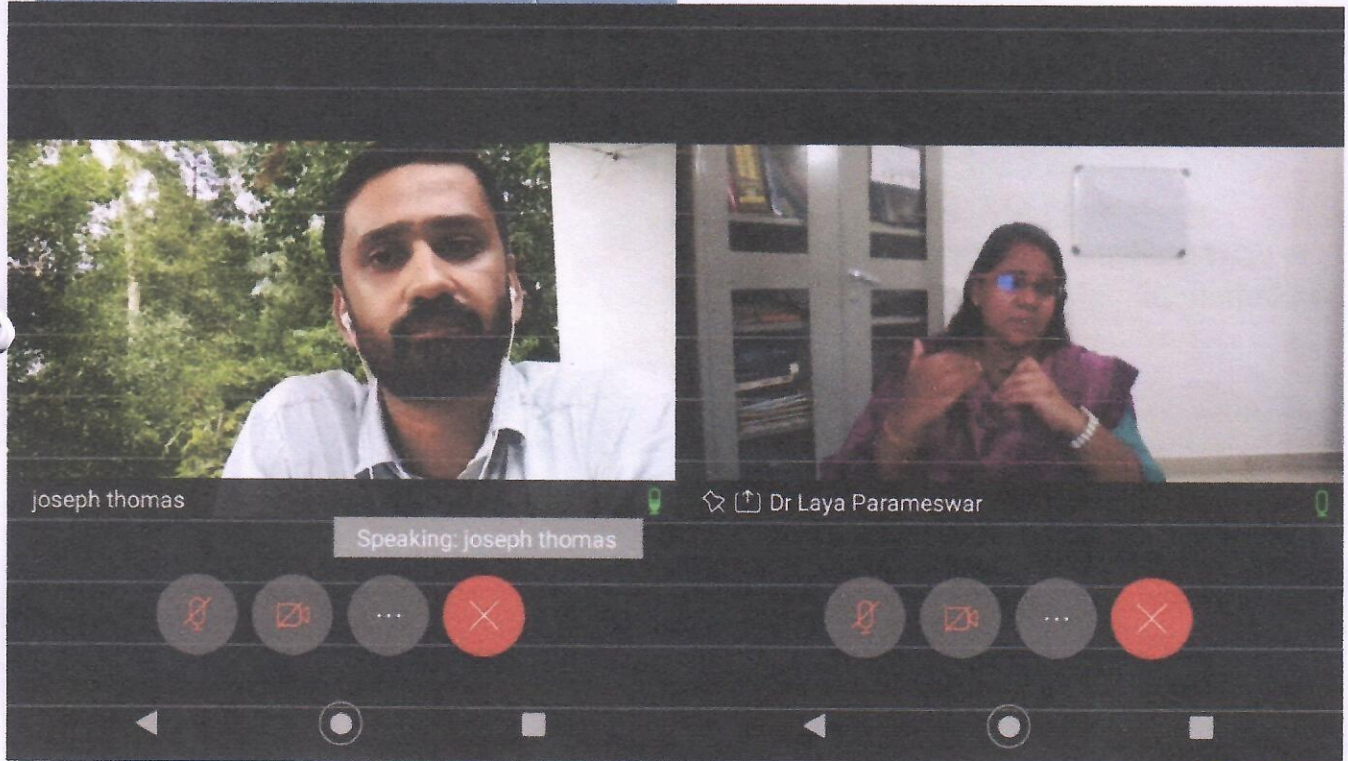


When

- വിശക്കുമ്പോൾ !
- സായം പ്രാതൽ മനുഷ്യനാണാം അശനം ശ്രുതി ചോദിതം
- ജിർണേ ഹിതം മിതം ചാദ്യാൽ

ALTH WORKER RIGHTS & RESPONSIBILITIES

- ▶ Putting on, using, taking off and disposing of PPE correctly
- ▶ Self-monitoring for signs and symptoms of COVID-19
- ▶ Reporting any signs of undue stress or mental health challenges that may require supportive interventions



**Naipunnya Institute of Management and Information Technology**  
**Resource Person Profile**

*(Note: Add this section only if applicable for the event)*



**Dr. Joseph Thomas**  
**BAMS,MD,M.SC (Clinical Nutrition and**  
**Dietetics)**  
**(Medical Officer, Govt. Ayurveda**  
**Dispensary, Paipra)**



**Dr. Laya Parameswar**  
**Mbbs, Md Physiology**  
**Assistant Insurance Medical Officer**  
**Esi (C.D) Hospital, Mulamkunnathukavu,**  
**Thrissur**

**Profile**



## Naipunya Institute of Management and Information Technology Attendance Details

